

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 10/01/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pita Sausage & Cheese	Pita	1	150	500	9.0	15.0	7.0
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Benefit Bar Variety	Bar	1	288	218	5.0	47.8	8.8
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1235	1692	51.09	188.97	32.76
% of Calories					16.5%	61.2%	23.9%
Nutrient Guideline			400-550	600			

Tue - 10/02/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pancake & Saus on Stick	One	1	176	463	8.7	21.8	5.9
Break Coffee Cake WG 4.OZ	4.OZ.	1	401	361	6.02	61.21	15.05
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1503	1590	48.48	231.85	46.50
% of Calories					12.9%	61.7%	27.8%
Nutrient Guideline			400-550	600			

Wed - 10/03/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Smoothie Berry Patch	8 oz.	1	159	60	3.62	35.0	0.78
Bread Muffin Variety72/2ozOtis	Muffin	1	177	123	3.0	29.67	5.33
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1558	1410	52.71	232.34	49.08
% of Calories					13.5%	59.7%	28.4%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 10/04/2018							
Intermediate Breakfast (6-8)	Total	1					
Bread Cinnamon Roll 2.25oz 2G	Roll	1	179	269	4.98	31.89	3.49
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1379	1867	48.38	208.93	41.38
% of Calories					14.0%	60.6%	27.0%
Nutrient Guideline			400-550	600			

Fri - 10/05/2018							
Intermediate Breakfast (6-8)	Total	1					
Break FrToastSticks WG Cargill	3 Each	1	210	320	8.0	28.0	7.0
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Muff Bat WG MixBerry 2gr	Square	1	370	222	5.11	62.22	12.22
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1475	1378	46.85	256.95	33.76
% of Calories					12.7%	69.7%	20.6%
Nutrient Guideline			400-550	600			

Tue - 10/09/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sand Pancake3"/Maple Pat	ONE SANDWIC	1	163	314	9.76	20.41	5.45
Break Coffee Cake WG 4.OZ	4.OZ.	1	401	361	6.02	61.21	15.05
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1490	1441	49.54	230.46	46.05
% of Calories					13.3%	61.9%	27.8%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 10/10/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pizza Saus Sq 128/3.31	Serving	1	210	480	9.0	26.0	7.0
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1432	1707	55.10	193.67	49.97
% of Calories					15.4%	54.1%	31.4%
Nutrient Guideline			400-550	600			

Thu - 10/11/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Strawberry Pancake72/3.8	1 Each	1	219	339	4.99	38.9	4.99
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1419	1937	48.38	215.94	42.88
% of Calories					13.6%	60.9%	27.2%
Nutrient Guideline			400-550	600			

Fri - 10/12/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Cheese Omelet Colby	Each Serving	1	110	210	8.0	1.0	8.0
Bread Biscuit Maple 100/2.5oz	Biscuit	1	200	280	3.99	32.94	4.99
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Muff Bat WG App Cinn 2gr	Square	1	369	225	4.89	63.15	11.78
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1573	1550	50.63	263.81	39.31
% of Calories					12.9%	67.1%	22.5%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 10/15/2018							
Intermediate Breakfast (6-8)	Total	1					
Yogurt Danimal Strawberry 48/4	ONE	1	80	65	4.0	15.0	0.0
Bread Muffin Variety72/2ozOtis	Muffin	1	177	123	3.0	29.67	5.33
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Benefit Bar Variety	Bar	1	288	218	5.0	47.8	8.8
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1342	1381	49.09	218.63	31.09
% of Calories					14.6%	65.2%	20.9%
Nutrient Guideline			400-550	600			

Tue - 10/16/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Burrito w/ Egg & Chorizo	burrito	1	198	186	13.62	15.62	8.5
Break Coffee Cake WG 4.OZ	4.OZ.	1	401	361	6.02	61.21	15.05
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1525	1313	53.41	225.67	49.10
% of Calories					14.0%	59.2%	29.0%
Nutrient Guideline			400-550	600			

Wed - 10/17/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sausage & Cheese Sandwich	1 Each	1	159	312	9.7	16.0	6.4
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1381	1539	55.80	183.67	49.37
% of Calories					16.2%	53.2%	32.2%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 10/18/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pizza Saus Gravy Schwan	3 oz.	1	210	330	10.01	25.01	7.0
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1409	1928	53.40	202.05	44.90
% of Calories					15.2%	57.3%	28.7%
Nutrient Guideline			400-550	600			

Fri - 10/19/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Bagel & Cream Cheese	servings	1	229	373	8.95	33.74	5.49
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Muff Bat WG Lemon 2gr	Square	1	210	136	2.78	32.69	8.12
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1334	1344	45.47	233.15	28.14
% of Calories					13.6%	69.9%	19.0%
Nutrient Guideline			400-550	600			

Mon - 10/22/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pita Sausage & Cheese	Pita	1	150	500	9.0	15.0	7.0
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Benefit Bar Variety	Bar	1	288	218	5.0	47.8	8.8
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1235	1692	51.09	188.97	32.76
% of Calories					16.5%	61.2%	23.9%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 10/23/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pancake & Saus on Stick	One	1	176	463	8.7	21.8	5.9
Break Coffee Cake WG 4.OZ	4.OZ.	1	401	361	6.02	61.21	15.05
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1503	1590	48.48	231.85	46.50
% of Calories					12.9%	61.7%	27.8%
Nutrient Guideline			400-550	600			

Wed - 10/24/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Smoothie Berry Patch	8 oz.	1	159	60	3.62	35.0	0.78
Bread Muffin Variety72/2ozOtis	Muffin	1	177	123	3.0	29.67	5.33
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1558	1410	52.71	232.34	49.08
% of Calories					13.5%	59.7%	28.4%
Nutrient Guideline			400-550	600			

Thu - 10/25/2018							
Intermediate Breakfast (6-8)	Total	1					
Bread Cinnamon Roll 2.25oz 2G	Roll	1	179	269	4.98	31.89	3.49
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1379	1867	48.38	208.93	41.38
% of Calories					14.0%	60.6%	27.0%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 10/26/2018							
Intermediate Breakfast (6-8)	Total	1					
Break FrToastSticks WG Cargill	3 Each	1	210	320	8.0	28.0	7.0
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Muff Bat WG MixBerry 2gr	Square	1	370	222	5.11	62.22	12.22
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1475	1378	46.85	256.95	33.76
% of Calories					12.7%	69.7%	20.6%
Nutrient Guideline			400-550	600			

Mon - 10/29/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sausage Pancake WrapMini	3 pcs	1	182	283	6.07	15.18	9.11
Veg Potato Hash Brown Patty(1)	HashBrown Patt	1	120	260	1.0	15.0	6.0
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Benefit Bar Variety	Bar	1	288	218	5.0	47.8	8.8
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1387	1736	49.16	204.14	40.87
% of Calories					14.2%	58.9%	26.5%
Nutrient Guideline			400-550	600			

Tue - 10/30/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sand Pancake3"/Maple Pat	ONE SANDWIC	1	163	314	9.76	20.41	5.45
Break Coffee Cake WG 4.OZ	4.OZ.	1	401	361	6.02	61.21	15.05
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1490	1441	49.54	230.46	46.05
% of Calories					13.3%	61.9%	27.8%
Nutrient Guideline			400-550	600			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Marysville JUSD

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

Oct 1, 2018 thru Oct 31, 2018

Intermediate Breakfast (6-8)

Generated on: 9/24/2018 8:41:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 10/31/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pizza Saus Sq 128/3.31	Serving	1	210	480	9.0	26.0	7.0
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Traditional Fresh Combo	ONE	1	82	1	0.89	21.12	0.27
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1432	1707	55.10	193.67	49.97
% of Calories					15.4%	54.1%	31.4%
Nutrient Guideline			400-550	600			

Weighted Average			1432	1586	50.44	219.70	42.03
					14.1%	61.3%	26.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1432		400 - 550	260%			882	Correction Required - Calories too High Correction Required - Sodium too High
Sodium (mg)	1586		600				986	
Protein (g)	50.44	14.08%						
Carbohydrate (g)	219.70	61.35%						
Total Fat (g)	42.03	26.41%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.