

Marysville JUSD

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Intermediate Breakfast (6-8)

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 11/01/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Strawberry Pancake	72/3.8 1 Each	1	219	339	4.99	38.9	4.99
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1402	1937	48.20	211.60	42.87
% of Calories					13.8%	60.4%	27.5%
Nutrient Guideline			400-550	600			

Fri - 11/02/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Cheese Omelet Colby	Each Serving	1	110	210	8.0	1.0	8.0
Bread Biscuit Maple 100/2.5oz	Biscuit	1	200	280	3.99	32.94	4.99
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Muff Bat WG App Cinn 2gr	Square	1	369	200	4.89	63.37	11.78
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1557	1524	50.44	259.70	39.29
% of Calories					13.0%	66.7%	22.7%
Nutrient Guideline			400-550	600			

Mon - 11/05/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pizza Saus Gravy Schwan	3 oz.	1	210	330	10.01	25.01	7.0
Break Coffee Cake WG 4.OZ	4.0Z.	1	401	361	6.02	61.21	15.05
Break Benefit Bar Variety	Bar	1	288	216	4.8	47.6	8.8
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1470	1562	49.74	227.66	40.80
% of Calories					13.5%	61.9%	25.0%
Nutrient Guideline			400-550	600			

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Marysville JUSD

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Intermediate Breakfast (6-8)

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 11/06/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Bagel & Cream Cheese	servings	1	229	373	8.95	33.74	5.49
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1402	1757	52.00	206.60	44.00
% of Calories					14.8%	59.0%	28.3%
Nutrient Guideline			400-550	600			

Wed - 11/07/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sausage Pancake WrapMini	3 pcs	1	182	283	6.07	15.18	9.11
Veg Potato Hash Brown Patty(1)	HashBrown Patt	1	120	260	1.0	15.0	6.0
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1448	1720	48.98	198.51	51.05
% of Calories					13.5%	54.8%	31.7%
Nutrient Guideline			400-550	600			

Thu - 11/08/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Smoothie Berry Patch	8 oz.	1	159	60	3.62	35.0	0.78
Bread Muffin Variety72/2ozOtis	Muffin	1	177	123	3.0	29.67	5.33
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1533	1441	50.33	257.89	38.01
% of Calories					13.1%	67.3%	22.3%
Nutrient Guideline			400-550	600			

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Base Menu Spreadsheet

Intermediate Breakfast (6-8)

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 11/09/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pancake & Saus on Stick	One	1	176	463	8.7	21.8	5.9
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Pkt Taco Sauce	1 PKT	1	5	96	0.0	1.01	0.0
Break Muff Bat WG Blueberry 2G	Square	1	185	118	2.45	31.24	6.11
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1235	1604	46.73	190.56	33.55
% of Calories					15.1%	61.7%	24.4%
Nutrient Guideline			400-550	600			

Tue - 11/13/2018							
Intermediate Breakfast (6-8)	Total	1					
Bread Cinnamon Roll 2.25oz 2G	Roll	1	179	269	4.98	31.89	3.49
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
PB&J Wafer NoHFCS 160/2.3	1 Each	1	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1352	1654	48.04	204.75	41.99
% of Calories					14.2%	60.6%	27.9%
Nutrient Guideline			400-550	600			

Wed - 11/14/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Cheese Omelet Colby	Each Serving	1	110	210	8.0	1.0	8.0
Bread Biscuit Maple 100/2.5oz	Biscuit	1	200	280	3.99	32.94	4.99
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1455	1666	53.90	202.27	48.94
% of Calories					14.8%	55.6%	30.3%
Nutrient Guideline			400-550	600			

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Intermediate Breakfast (6-8)

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 11/15/2018							
Intermediate Breakfast (6-8)	Total	1					
Break FrToastSticks WG Cargill	3 Each	1	210	320	8.0	28.0	7.0
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1408	1578	51.71	221.23	38.89
% of Calories					14.7%	62.9%	24.9%
Nutrient Guideline			400-550	600			

Fri - 11/16/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sand Pancake3"/Maple Pat	ONE SANDWIC	1	163	314	9.76	20.41	5.45
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Pkt Taco Sauce	1 PKT	1	5	96	0.0	1.01	0.0
Break Muff Bat WG Pumpkin 2gr	Square	1	344	200	4.89	59.78	10.67
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1381	1536	50.23	217.70	37.65
% of Calories					14.5%	63.1%	24.5%
Nutrient Guideline			400-550	600			

Mon - 11/26/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Sausage & Cheese Sandwich	1 Each	1	159	312	9.7	16.0	6.4
Break Coffee Cake WG 4.OZ	4.OZ.	1	401	361	6.02	61.21	15.05
Break Benefit Bar Variety	Bar	1	288	216	4.8	47.6	8.8
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1419	1543	49.43	218.64	40.20
% of Calories					13.9%	61.6%	25.5%
Nutrient Guideline			400-550	600			

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Intermediate Breakfast (6-8)

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 11/27/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Strawberry Pancake	72/3.8	1 Each	219	339	4.99	38.9	4.99
Break Egg Patty & Chz Biscuit	SANDWICH	1	264	619	9.48	28.36	12.97
PB&J Wafer NoHFCS	160/2.3	1 Each	310	210	10.0	31.0	18.0
Break Cereal Assort 18/19	Sug6	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 Variety	MJM	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1392	1724	48.04	211.75	43.49
% of Calories					13.8%	60.8%	28.1%
Nutrient Guideline			400-550	600			

Wed - 11/28/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Pizza Saus Sq 128/3.31	Serving	1	210	480	9.0	26.0	7.0
Break FrToast CinGl WG Cargill	Slice	1	210	320	8.0	28.0	7.0
Break Cinn Sq WG Shannon's	Square	1	280	320	7.0	41.0	10.0
Break Cereal Assort 18/19	Sug6	1	108	129	2.21	22.76	1.44
Sunflower Seeds	1 PACK	1	170	88	5.0	6.5	14.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1355	1657	50.91	194.33	42.94
% of Calories					15.0%	57.3%	28.5%
Nutrient Guideline			400-550	600			

Thu - 11/29/2018							
Intermediate Breakfast (6-8)	Total	1					
Break Burrito w/ Egg & Chorizo	burrito	1	130	102	6.4	14.57	4.77
Break Pancake WG Buttermil 2ea	2 pancakes	1	139	199	3.98	27.89	2.99
Break Sausage Link-1 Jennie-O	One Link	1	60	80	6.0	0.0	4.0
Pkt Syrup, Pancake 1oz	1 Pkt	1	80	0	0.0	21.0	0.0
Break Banana Bread WG	1 EACH	1	348	325	4.82	50.51	14.96
Break Cereal Assort 18/19	Sug6	1	108	129	2.21	22.76	1.44
Cheese Stix Var 1 oz	1 oz.	1	85	205	7.0	1.0	5.75
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1328	1360	50.12	207.80	36.66
% of Calories					15.1%	62.6%	24.9%
Nutrient Guideline			400-550	600			

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 11/30/2018							
Intermediate Breakfast (6-8)	Total	1					
Yogurt Danimal Strawberry 48/4	ONE	1	80	65	4.0	15.0	0.0
Bread Muffin Variety72/2ozOtis	Muffin	1	177	123	3.0	29.67	5.33
Chicken Crispito 72/1 only	Crispito	1	270	370	12.0	23.01	14.0
Pkt Taco Sauce	1 PKT	1	5	96	0.0	1.01	0.0
Break Muff Bat WG App Cinn 2gr	Square	1	369	200	4.89	63.37	11.78
Break Cereal Assort 18/19 Sug6	Bowlpack	1	108	129	2.21	22.76	1.44
Cracker Graham 2016 VarietyMJM	Pack	1	113	107	1.67	20.67	3.33
Fruit Juice A&E Var 4.23oz	4.23 oz	1	63	9	0.0	15.29	0.0
Fruit Winter Fresh Combo	ONE	1	65	1	0.7	16.78	0.25
Milk 1% LF	HALF PINT	1	130	160	10.0	16.0	2.5
Milk Choc Non Fat	HALF PINT	1	120	150	9.0	22.0	0.0
Weighted Daily Average			1500	1410	47.47	245.55	38.65
% of Calories					12.7%	65.5%	23.2%
Nutrient Guideline			400-550	600			

Weighted Average			1415	1605	49.77 14.1%	217.28 61.4%	41.19 26.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1415		400 - 550	257%			865	Correction Required - Calories too High Correction Required - Sodium too High
Sodium (mg)	1605		600				1005	
Protein (g)	49.77	14.07%						
Carbohydrate (g)	217.28	61.43%						
Total Fat (g)	41.19	26.20%						

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